

NEIGHBOURHOOD MATTERS

Inner South Belfast and Botanic areas

Newsletter - Seventeenth Edition 2022

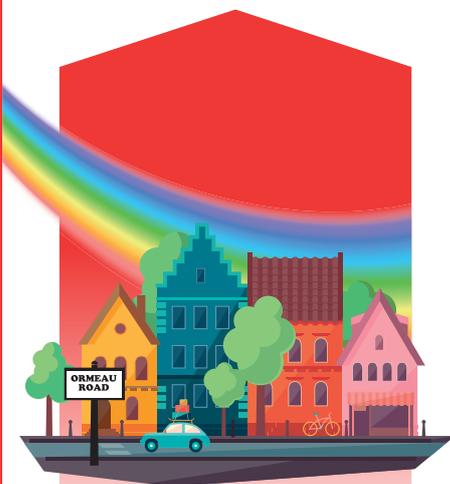


Welcome to Neighbourhood Matters

SPRING Social Prescribing allows GP's, Primary Care health professionals and pharmacists to refer people to a range of one to one support and group based programmes based around social isolation, low mood, mild depression, long term conditions and physical inactivity.

Above we can see our Wellbeing with Wheels programme that takes place every Friday in Partnership with BHSC Physical Sensory Disability Team. We have a range of adapted bikes to suit individual cycling needs and on a weekly basis allowing all participants to enjoy cycling to the full extent.

SPRING and all the staff in Shaftesbury would like to wish a very Happy Birthday to Gary and Daniel who attend the cycling programme every week.



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Exciting plans for a new community hub go on display on Ormeau Road

THE blueprint of a plan to renovate an historic lockkeeper's house on the River Lagan has gone on display.

The Lower Ormeau Residents' Action Group (LORAG) was showcasing its vision for the John Murray Lockhouse, which it plans to transform into community health and living hub on the Lagan Towpath.

Traditionally the home of the McConnell Weir lock keeper, it is envisaged that the new facility will greatly improve access to and enjoyment of the River Lagan.

In a letter to residents, LORAG said the project will improve "wellbeing and mental health" in the area.

"The project will reimagine the lockhouse as a gateway to a ground floor café



and towpath terrace, training kitchen, multifunctional community rooms, board room, office space, first floor terrace and balcony overlooking the fabulous sights and future Lagan pedestrian and cycle bridge.

"The external green space will be utilised as a community garden, poly growing tunnel, and shed for activities such a woodwork, boat building, gardening, handy person repairs and group meeting space."

The final planning application has been submitted.

Inner South Belfast Neighbourhood Partnership



Annual General Meeting of Inner South Belfast Neighbourhood Partnership took place on the 19th of May.



Training and Education

Inner South Belfast Neighbourhood Partnership were delighted to present many training opportunities at the beginning of 2022. Below you can see the courses and the number of participants.

Testing carried out Jan-March 2022

Lash Lift Diploma Level 2	21	Lash & Brow Diploma Level 2	11
Beginners Acrylics Level 1	5	Spa Facial Diploma Level 2	16
Novice Fork Lift Licence Training	3	CSR Cards	2
SIA Card Renewal Training	2	SIA Full Training	8
NVQ Level 2 Childcare	2	NVQ Level 3 Childcare	3
OCN Level 2/3 Youth Work	2	Diploma Level 5 Childcare	2
Diploma Level 5 Irish Language	1	Irish Language Classes	11
OCN Level 2 Customer Services	8	NVQ Level 2 Childcare in Irish	3
Excel Spreadsheet Beginners	2	Excel Spreadsheet Intermediate	2
Beginners Barista Training	6	Professional Technique Barista	4
Fitness Instructor Course	5	TOTAL NUMBER OF PATICIPANTS	119



This past few months has seen some excellent partnership work with SPRING to help develop and deliver a range of programmes for the community.

Included in these programmes are:

- Slow Cooker/Family Nutrition
- COPD rehab through exercise
- Wheels for Wellbeing Cycling
- Football for All
- Older and Active
- Men's Health Group
- Art for Older People
- Walking Group



The slow cooker and family nutrition programme allows families learning to cook healthier meals on a budget and learning more about maintain a balanced diet that will hopefully echo through to their children.



Wellbeing with Wheels has allowed a great partnership with BHSCT to increase and maintain socialising while working on physical and mental health. We have a range of adapted bikes to allow accessibility for all people to enjoy cycling.

The Football for All working in partnership with Orchardville has seen the team play their first friendly match against Street Soccer NI and one of the main aims of this programme is to tie in with the IFA to get involved with the disability soccer programme.



Older and Active programme provides social activity with exercise and physical health. Online safety training has already been delivered and the group thoroughly enjoyed it. There will be another. A group evaluation has recently been complete to help plan future programmes and workshops. Overall the programme was rated excellent and the activities really enjoyable. The feedback has also allowed us to plan for future activities.

There has been a new walking group established for the local community. Local walks and a planning day to plan out walks away for all people involved. Including a coffee stop on most walks to allow the group to interact with everyone and not just those on a par with their own walking ability.

A lot of positive feedback from the family nutrition and healthy eating programme. The recipes have all been really enjoyed and got the full family involved in working on the recipe. We have tried healthy recipes such: homemade KFC, Salt and Chill Chicken, Potato and Leek Soup, Roasted Red Pepper Soup and Slow Cooked Roast Chicken.



We are hoping to introduce a whole range of programmes in the near future and will look at developing some sessions around smoking cessation, swimming and pool relaxation as well as new nutrition programmes.

For more information contact:
Paul at pmccrudden@lorag.org or
028 9031 2377



Trauma Informed Support Programme

We delivered the pilot of this programme at the end of March. What a success! 20 people took part in group work. This delivery concentrated on wellbeing and mental health.

Participants took part in a 10 week project. Breathing exercises, yoga, group therapy and more. 6 service users received 6 sessions on a one-to-one basis with trained professionals. This is a new programme led locally by LORAG, managed by Corymela and the Starling Collective.

This programme is dedicated to our friends with a refugee or asylum seeker background. Two groups of men and women meeting every week for 10 weeks. We will have three rounds of this project this year. If you would like to walk with us, please ask Konrad for details 02890312377.



Day trip to Ulster Folk Museum. If you would like to be one of the volunteers in this program please ask for Konrad at LORAG's reception.



One of the volleyball sessions.



Intercultural Women's Group

The Africa Cup of Nations programmes supported by Belfast City Council

This delivery involved a number of tournaments and events, including soccer tournament for adults, a soccer tournament for children age under 10 and under 12, a volleyball tournament for women, African drumming sessions, International Women's Day Celebrations, and a UK Pivot Good Relations Workshop. It was a busy but rewarding time for the Creating Cohesive Community Project, in total we engaged with over 400 people.

It was amazing to watch groups of adults and children from host communities and African communities playing and spending time together. We were able to welcome large numbers of new participants, and it was very awarding and proved to us again how important community cohesion is. Support of



our volunteers is crucial, and our team didn't disappoint this time! Thank you to all involved.

If you want to be involved in our future programmes, call us or just pop in to LORAG for a chat. We are planning a lot more fun activities over the summer months.



Africa Cup of Nations 2022 winners - YEMEN. Runners up - SENEGAL. Congratulations and well played everyone.



Africa Cup of Nations/under 10s and under 12s.



Women's Day celebration panel

On the 7th of March we delivered our 3rd International Women's Day celebration panel. 90 members of the public attended. 7 phenomenal speakers inspired the crowd: Lord Mayor of Belfast Kate Nicholl, Emma Little Pengelly, Mary Crawford,



Fionnuala Nic Thom, Andree Murphy, Maryama Yussuf, Yolande Robertson - Greene. Massive thank you to all the speakers. The feedback from the audience was fantastic. If you missed this year, we hope to welcome you in March 2023.

Countering Racial Prejudices workshop

On the 15th of March at 6pm UKPIVOT delivered a workshop titled "Countering Racial Prejudices" within the wider theme of Breaking the Bias. We were very excited to welcome UKPIVOT to LORAG.



Basic diy skills course at LORAG

"I am really enjoying the brilliant new initiative in LORAG which is a pilot 'Basic DIY' skills course. Local resident Stephen is introducing 8 of us from around the area, over the 6 weeks programme, to using essential basic tools for DIY such as the drill, saw, nail gun, jigsaw & sander. I am finding it really useful learning exactly how to use these basic



tools properly, (after years of winging it) & we now know about all the different attachments for different jobs. We have been gaining confidence & knowledge throughout the regular sessions & it's great to be able to pick Stephen's brains & share information amongst ourselves."

Angela



Women group funded by IFA foundation. 5 week programme. We had around 20 women each week enjoying activities such as: art, zumba, craft and more.



St. Patricks Day/Spring Festival 2022

We were able to welcome over 1500 residents and our friends from all around the world. Irish music and dance, arts and crafts, Magwera band, sensory corner, Chinese and Mexican dancers, bouncy castles, Irish harpist, Irish stew, Somalian cakes, and Sudanese snacks. What a day it was!



Sudanese and Somalian catering by Zuhai and Hamdi.

We delivered a fantastic community festival.



Crisis Fund

We have a Crisis Fund for people who can't afford basics, maybe need a top-up to speak with their family in Syria, bus fares to the hospital, or are simply destitute and have literally nothing to live on.

Starling COLLECTIVE

If you have any spare quids we would use them well. Our Local Giving Page gives us Gift Aid (Yeeeoow!); www.localgiving.org/charity/starling-collective/



LORAG Youth

As part of World Mental Health week our Youth and transition groups started Peer Mentoring and Healthy me programmes

5 weeks focusing on positive emotional wellbeing and supporting each other

#worldmentalhealthawareness



Our youth headed to the beach to finish off the week last night and had a great evening.



Transition group, the girls came up with a great idea to raise money for refugee families. The girls came into the centre and made Easter baskets. The baskets were raffled out in our ballot sale throughout the week.

LORAG Children Youth Project

Children project has been busy over the past few months providing fun activities and sessions with each age group. We ran an Easter camp over the Easter period which was a sports camp to develop children's fundamental skills and encouraging physical activity such as; dance and group games.

The children all had fun and enjoyed getting out in the good weather and taking part in physical activities. Over the Easter holiday we were delighted that we could run our first family trips from 2019 due to Covid restrictions. We took 50 parents and young people to Ulster folk museum and Ards splash pool, the feedback from parents was great, it was good to get families together to socialise. First Start programme had a stay and play Easter session with jump jiggle and jive, parents had as much fun as the children!

Afterschool programme currently has spaces available in all age groups P1-1st year. If you would like to register, please collect a registration form from reception or contact Dervla 02890 312377.

Parent and toddler sessions run every Friday 10-11.30am everyone welcome, come along have fun, make memories and enjoy a cup of tea with other parents.



Children enjoying the water slide in Ards splash pool

The girls taking part in jump jiggle and jive Easter party



The girls taking in part in dance learning a new routine



Children enjoying dance session within the Easter camp



Traditional games in Ulster folk museum, children being competitive.



Easter sports camp, children taking part in group games... Teamwork!



St John Vianney Youth Centre

Moderations and Recognition

We are currently celebrating our fourth 'outstanding' in a row for a result of the local area based funding moderations.

This is the highest descriptor available to a youth centre and so we hold this commendation with great pride which solidifies the hard work and commitment from the staff and young people!

The Education Authority specifically drew attention to the range of services which are provided within the centre with engagements from the young people making them youth-led programmes,

"Young people are active co-designers of youth work programmes."

(EA Moderation)

We pride ourselves on our engagement with young people as a way of empowering them to forge their own paths and allowing the space to grow in confidence through leadership roles. This has allowed us to engage closely with what the young people need and want to see in their youth centre.

"The curriculum was matched to the young people's needs, interests and abilities."

(EA Moderation)

Weekly Provision

We are continuing to run provision for young people aged 5-16 throughout the week. The centre is open to the young people on a daily basis Monday-Saturday with activities and games available to the young people in attendance.

This includes consoles, board games, sports, arts and crafts as well as group activities.

Homework support is also made available to young people during these sessions as an identified need which can be fulfilled. Outreach work is also being carried out by centre staff as a way of ensuring public safety and being available to the young people not currently in the youth centre. The staff are committed to a consistent quality of provision for all young people and so take any measures we can to ensure this.



Mixing any drugs, including mixing drugs with alcohol, can be deadly. Reduce the risk – don't mix.



Programmes

We are also currently running key targeted programmes and group work which young people can avail of. Some of these programmes have been focused on internet safety, good relations and positive relationships to name but a few. The young people have responded excellently to the availability of this provision and have engaged to the best of their ability in the learning.

"St. John Vianney provides young people with a broad range of good relations work and well established past partnerships have enabled this to continue."

(EA Moderation)



Summer Scheme

We are in the exciting process of planning the Summer Scheme for this year. We have a lot coming up with trips every week and lots of activities both in and out of the centre to build that summer energy and have a great time meeting new friends as well as spending time with existing ones. It is a great time to get involved!



An Droichead

An Droichead continues to grow its community services in childcare, education, culture and arts. Having recently employed a Business Development Officer, the Cooke Street group is now seeking to fill a number of other posts thanks to Department for Communities programmes JobStart and Artwork.

An Droichead continues to grow its community services in childcare, education, culture and arts. Having recently employed a Business Development Officer, the Cooke Street group is now seeking to fill a number of other posts thanks to Department for Communities programmes JobStart and Artwork. JobStart aims to help young people aged 16-24 at risk of long-term unemployment to get into the job market by providing government funding for employers to create job opportunities. Employers can receive 100% government funding to create six-month job opportunities for 16-24 year-olds who are not in employment. Not only that but young people participating in JobStart will be supported through their job opportunity by Youth Work Coaches in the Department for Communities. An Droichead has been awarded funding to recruit a number of childcare workers as well as an assistant to help co-ordinate their successful programme of language classes.

Welcoming the funding news, An Droichead Development Officer Fionnuala Nic Thom, said,

"The new posts will see An Droichead's childcare team grow beyond 40 staff in part-time and full-time employment.

The other employment programme that An Droichead successfully applied to for support is 'Artwork'. The objective of this 'Covid Recovery - Employment and Skills Initiative' is to provide support for



individuals to enter into the Arts, Creative Industries, Sport, Heritage, Voluntary and Community sectors where job roles have been impacted by the pandemic, to enhance their job prospects and skill sets, and in doing so strengthen the organisations and sectors. An Droichead has been awarded funding for a 3-year Arts and Tourism Assistant to help develop their art programme and to widen the reach of their tourism initiative, the Belfast Traditional Music Trail".

An Droichead CEO, Pól Deeds, said:

"This initiative couldn't have come at a better time. Not only are we, like all organisations working in the arts, navigating the challenges associated with building up our audiences after Covid, but the Trad Trail has been such a success that we need an extra resource to help develop it. We provide a very broad range of Irish language community arts activities, and this post will look specifically at the tourism and audience development side of the programme, allowing our Arts Officer to continue to develop the wider aspects of our events."

Anyone interested in finding out more about these job opportunities with An Droichead should contact Fionnuala Nic Thom on 02890288818/fionnuala@androichead.com

(Cúpla íomhá greamaíthe)



Brian, new Business Development Officer

Q. Cá as tú?

Where are you from?

A. Baile beag i dTír Chonail a thugtar An Charraig uirthi, i bParáiste Ghleann Cholm Cille. Tá mé anois ag cuir faoi in Íochtar Ormeau.



A small village in Donegal called An Charraig in the parish of Gleann Cholm Cille. I now live in Lower Ormeau

Q. Cá huair ar tháinig tú go Béal Feirste?
When did you move to Belfast?

A. Anuráith ag tús na bliana. Bhog mé go dtí an iarthar ar dtús le hobair i gColáiste Feirste ar feadh tamaill, agus fuair mé teach ar Bhóthar Ormeau ansin ins an tsamhradh.

Start of last year. I moved first to the West to work in Coláiste Feirste, and then got a house on the Ormeau Road last summer.

Q. Cad é a rinne tú ar an ollscoil?
What did you do in university?

A. Céim sa Ghaeilge le Ceol agus máistreacht sa Ghnó Idirnáisiúnta.

A degree in Irish with Music and a masters in International Business.

Q. Cá huair ar thosaigh tú ag obair le An Droichead?

When did you start working with An Droichead?

A. Deireadh Fómhair 2021. October 2021

Q. Cad é an rud is fearr faoin phost?
What's the best thing about your job?

A. A bheith ag obair i measc an phobail ina bhfuil mé i mo chónaí.

To be working with the community where I live.

Q. Cén comhairle a bheadh agat do dhuine atá ag iarraidh Gaeilge a fhoghlaim?

What advice would you give to someone looking to learn Irish?

A. Cleachtadh a dhéanann máistreacht.

Practice makes perfect.

Mornington

The Mornington Project threw open the doors to invite everyone in to celebrate its official reopening after a major refurbishment project. What more fitting way could there be to start a new chapter in Mornington's story, than to host a community festival with art workshops, an official reopening event, volunteers thank you lunch and a faith forum breakfast.

The highlight was a family fun day for the community it is so deeply a part of.

The weather was perfect to show off the heart of the Mornington Project - the new outdoor area.

As for any family fun day worth its name, the event featured cage football, arts, crafts, face painting and a barbecue.

It was also an opportunity to say thanks to all those who funded and carried out the refurbishment and to the volunteers who kept the show on the road during covid and the building work.

By the end of the celebration Mornington already had requests to use the outdoor area for concerts, community food markets and further family fun events.

On a practical level the fetival also displayed how the new kitchen opens straight onto the outdoor area, to provide catering for any and all events there.

The new space is already proving popular with Tus Geal our school programme for football, basketball and team games. Our parents (and staff) also enjoy a coffee break there.

Other new developments on show included:

- the refurbished upstairs offices ready for social enterprise renting
- the new family nurturing space which is already hosting courses
- the red room's new child toilet space
- and the refurbished kitchen ready to host pop up cafes and food startups.

June Andrews, Mornington's Chairperson, said it was great to see so many people gathered to wish the project well now that the work was finally done.

"This extensive renovation will allow us to deliver an enhanced range of community services including creche facilities, parenting courses, health and wellbeing courses, employability and educational services," she said.

Amongst those present from the Social Investment Fund, the main funder were Alastair Walker, Lindsay Donaldson and Kenny Knox.

Belfast City Council, which helped manage and fund the work, was represented by Neil Gowdy.

June also thanked Peter Robinson from project manager's AECOM and Niall Magee from M&N contracts.

Thanks also went to Whitemountain, the Department of Foreign Affairs, Ardbarron, Early Years, Halifax, Openworks, the Public Health Agency and the Big Lottery.

And last but not least why not come over and see Mornington for yourself? Who knows what business ideas it might plant in your head!



LORAG Gym

#GetFitStayFit

Shaftesbury Healthy Living Centre

CLASS TIMETABLE STARTS JANUARY 2022

30 mins

45 mins

60 mins

GYM MEMBERSHIPS FROM £20 PER MONTH!

WWW.LORAG.ORG

	Mon	Tues	Wed	Thu	Fri	Sat
7am	Freestyle Pump		Early Bird Circuits		TRX and Kettlebells	
10am	Cardio Active	Yoga (Beginners)	Cardio Active	Cardio Active	Pilates	20/20/20
11.30pm		Pilates				
12.30pm	50/50		Lunchtime Circuits		S & C Gym Based	
5.30pm	SpinFIT 30	Circuits 30	Kettlebells 30			
6.10pm	LORAG's BIG Bootcamp	Freestyle Pump	BIG SpinFIT & Core	Thursday Bootcamp		
7.00pm				Yoga		

NO CONTRACTS OR DIRECT DEBITS

PAY 30 DAYS AT A TIME OR PAY AS YOU GO

NO JOINING FEE



Donegall Pass Community Forum

Inner South Belfast Socio and Economic Group identified the need for the better provision of ESOL in South Belfast. DPCF secured funding from Radius, Clanmil and Apex Housing Associations to carry out a scoping study to explore what barriers the minority ethnic community face in learning English language and what impact this may have on their integration. This work should be seen as a first step in being able to quantify and better understand the language learning needs of the minority ethnic communities in this area in order to develop evidence[1] based solutions.

Phase 1 has been completed through an online survey, the purpose of which was to; investigate the need of different minority ethnic communities in the area, quantify the number of languages used and understand the current levels of English language proficiency for speaking, writing, reading and listening. Data from the survey informed Phase 2 and 10 Focus Groups are currently being held in community settings with interpreters if required. Phase 2 is exploring, in depth, the issues raised in the survey and will help us to understand the barriers participants face to learning language and how this may impact them. The end product of this work will be a final report.



Donegall Pass Community Forum has had two recent Men's Shed trips, one to Windsor Park Football ground and museum as well as a visit to Titanic. Both visits provided the opportunity for participants to meet new people and share experiences, learning some history of the immediate and local area.






Holistic Therapies

Holistic therapy creates a relaxed and tranquil environment, where anyone can feel welcome. It is an opportunity to have a full hour of self-care. These therapies can help heal the mind, body and spirit. It alleviates stress, helps with sleeping issues, reduces mental health problems and eases aches and pains. Local residents have had the opportunity to sign up for a 4 week series of appointments. Please see below for outcomes from May 2021-March 2022.

Therapies offered

- Holistic Facial
- Reflexology
- Reiki
- Hopi ear candles
- Back, neck and shoulder massage
- Indian Head Massage

Service user location

55 Total number of people seen in Holistic therapies - May 2021 - March 2022

- Donegall Pass (49.09%)
- Sandy Row (23.64%)
- Lower Ormeau (5.45%)
- The Market (21.82%)

Improvement in Mental Health Scores after participating in a 4 week therapy course

Before holistic therapy treatment	After holistic therapy treatment
Average WEMWBS score: 38.65	Average WEMWBS score: 45.45
Percentage of people that were at risk of possible or probable depression pre-treatment: 38%	Percentage of people that were at risk of possible or probable depression post-treatment: 21%

Percentage of people that demonstrated improved mental health following holistic therapy: 75%

Score of 40 and below indicates probable or high risk of depression*. Score of 44 and below indicates possible depression**.

Service Review

- 96% felt they had an improvement in their physical health.
- 100% felt they had an improvement in their mental health.
- 100% said that they would recommend this course to others.

Quoted Feedback

Quote 1
The therapy helped me sleep and feel more relaxed, with more energy.

Quote 2
Excellent therapist who knows all her treatments and explained all she was doing - excellent. The therapist is brilliant and make you feel very comfortable.

Quote 3
It allows time for myself. It makes me feel so peaceful when I was here which stayed through the rest of the day. I am feeling more happy and confident within myself. It lifted me up. - The therapist is easy to talk to and made me feel comfortable throughout.

We are currently awaiting funding before re-starting our holistic therapies. Please contact the forum directly to express interest. Thank you very much - DPCF.

Reference:
* <https://warwick.ac.uk/fac/sci/med/research/platform/wemwbs/using/howto/>
** <https://www.corc.uk.net/outcome-experience-measures/warwick-edinburgh-mental-wellbeing-scale-wemws/>

Donegall Pass Community Garden

Participation and visiting the Donegall Pass Community Garden continues to increase as the improving weather allows for more activities. Please contact Peter at DPCF if you would like to get involved.



Computer Basics for Beginners Are you interested in computers? - Then this is the course for you!



Donegall Pass Community Forum have developed a 6 week course for complete beginners to learn how to use a computer.

This will begin at the very basics and will progress to the internet, email and Microsoft Word.

The course will be suitable for native and non-native speakers.

Further Details:

Location: Donegall Pass Community Forum - ICT Suite

Dates: Wed 8th / 15th / 22nd June from 10 - 12 noon

Please contact us on Facebook or by telephone: 028 9032 6256 for more information and to book in.



Free online stress control classes

Anxious

Trouble sleeping

Worry

Panic



www.ni.stresscontrol.org



Feeling lonely? Here is a way to connect!



DPCF does "How to Use a Tablet!"



Wish you were tech-savvy? We can help!

Did you think "zoom" was just a noise a car makes? We'll get you up to speed!

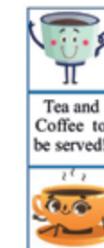


About the course:

This is a **six week course** covering the basics, getting online, using apps and mastering social media.

It is for people who are socially and digitally isolated.

When you complete the course, you will be able to keep the tablet for your own use! The next course will be starting June 2022.



Participation Criteria:

- Living in Donegall Pass.
- Living alone
- Unable to use a Tablet.
- Aged 50+

How to apply?

- 028 9032 6256
- Megan.evans@donegallpass.org
- DPCF, 2nd Floor 165-169 Donegall Pass, CRI Building Belfast BT7 1DT

Housing Executive

DPCF ESSENTIAL SKILLS

Come and develop your skills at Donegall Pass Community Forum!

Sign up and you can achieve your Maths, English and ICT Level 1&2. These can be used to access apprenticeships, achieve places on training courses and advance your career.



ICT English Maths

Enrolment dates:

Please contact the form to sign up to any of the essential skills courses. Thanks!

Course dates:

Maths: 17 weeks
English: 17 weeks
ICT: Sept—March
All classes will start in September 2022

Please note—English essential skills for native English speakers only. Please contact us re: ESOL classes if you are not a native English speaker.



South Belfast Alternatives Youth Action Partnership

South Belfast Alternatives Youth Action Partnership (YAP) programme held its annual celebration event in Charter Youth Club. This was an opportunity to highlight the achievements of YAP and present the young people with their certificates for all the accredited training they have completed over the last year.

We also had some great fun with Kerala Beats who entertained us with a Chandra drumming performance and the fantastic Wilson Magwera whose drumming workshops are always interactive and engaging for those in attendance. Wilson had everyone playing some type of instrument on the night.

We also had a special guest, local boxing hero, Lewis Audley Crocker, who handed out certificates, and we were joined by representatives from local PSNI neighbourhood policing team. It was a great night made very special by

the young people who keep turning up to engage on the programme.

We would also like to say a massive thank you to our community partners, Charter Youth Club and St Malachy's Youth Centre for their ongoing commitment to this project.

Thanks to our funder, Urban Villages, for the ongoing support for this project and for always turning up at these events to meet the young people



Holyland and Lower Ormeau Intervention Manager



Belfast City Council, the Department for Communities, Public Health Authority, South Belfast District Police and Community Safety Partnership and the Department for Infrastructure have been developing an intervention proposal for the Wider University & Lower Ormeau area that seeks to adopt an inter-agency approach towards neighbourhood regeneration and to address deep rooted societal issues, particularly around crime, anti-social behaviour, community cohesion and the well-being of all residents.

A new Intervention Manager, Michelle Wilson, has been appointed, who will act as an area champion and will liaise with all partner organisations working in this area to develop an integrated multi-agency intervention plan, aligned with community planning principles, to meet local needs and solve local problems.

Michelle can be contacted by email – wilsonm@belfastcity.gov.uk or by mobile 07921 820977

Michelle Wilson
Holyland and Lower Ormeau
Intervention Manager
Belfast City Council



Handy Helpers

Making a Difference one Helping Hand at a Time.



Handy Helpers, a community volunteering initiative co-ordinated by Queens Students' Union, have continued to be busy over the past few months with new staff member, Jonny Baxter joining us in March. Jonny comes from a Community Youth Work background and is excited to get out and about over the Summer to meet people and prepare for a new academic year plan of events.

Handy Helpers won the Live Here Love Here 2022 Connecting Communities Award. A Massive thank you to every student, resident and community member who has helped in Handy Helper activities to help being recognised in their efforts to better the community.

One of the most significant projects has been to support Sans Souci Residents' Association at Lennoxvale Tree Nursery to prepare for Garden Show Ireland. During our time here the volunteers learnt new skills in gardening, helped tidy up the local neighbourhood and contributed to winning Best Design and runner up to the Best in Show. Other recent activities include our Big Spring Clean Up, Well Being Fair held on Campus, Queens 5k, Belfast Marathon and many more training events with some social activities for the students to reflect on all they have achieved.

If you are involved in a non-profit organisation, community group or residents' association and could do with short-term support from the Handy Helpers initiative, please get in touch at handyhelpers@qub.ac.uk

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Donegall Pass Youth Centre



Re-Opening Monday 6th June 2022

Opening Hours

Monday	Junior (P2-P7)	6.00pm-7.30pm
	Senior (Year 8+)	7.30pm-8.50pm
Thursday	Junior (P2-P7)	6.00pm-7.30pm
	Senior (Year 8+)	7.30pm-8.50pm
Friday	Junior (P2-P7)	6.30pm-8.00pm
	Senior (Year 8+)	8.00pm-9.20pm

Preview and Registration nights
Monday 30th and Tuesday 31st May 2022
6.00pm-7.30pm

PREVIEW

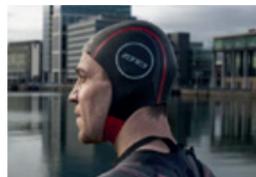


For more information please contact Andrew Linton on 02890245518 / 07395372891 or email andrew.linton@eani.org.uk

"To inspire, support and challenge all our Children and Young People to be the best that they can"

World Record Attempt

My name is Brian Armstrong, a local resident in Donegall Pass, and I am attempting to set a new world record and I would like your support. I am aiming to complete 50 Half-Distance Triathlons in ONE Calendar year.



This consists of the following:

A 1.2-mile swim, a 56-mile cycle and a 13.1-mile run.

In one of these alone I will travel 70.3 Miles. The current world record is 24 held by Michael Mendoza at the time of writing this article I have completed 17 triathlons already this year.

I am aiming to raise funds for Alternatives' mental health and counselling services – **Time4Change** – which is a community based therapeutic service helping people at their point of need. The aim is to develop this into a unique service where we can work with a person's mental health and addictions at the same time.

My ask of individuals/groups/schools in the area is that you support this cause through fundraising. All ideas are welcomed. I am planning on completing a "mile a day" with individual schools where I

will meet with the students and discuss the benefits exercise to their mental health with them as part of their school day. In return for your efforts, we will promote your contributions to this world record fundraising attempt. When I achieve my goal, I will have:

- Swam 60 Miles, cycled 2,800 miles and ran 655 miles in total.

A total journey of 3.515 miles.

I would like to say a massive thank you to McConvey cycles for all the support with sponsorship this couldn't have been done without the support of you guys.

If you would like to be involved, please email ben@alternativesrj.co.uk or call 028 9031 1420



Forward South

On the 9th April the Roma Support Hub @ Forward South Partnership (funded by SEUPB and Belfast City Council) showed the locally produced film **Glimpses into 5 Lives: Roma People, Integration and Covid**. The film captures the experiences of 5 individuals of Roma heritage and their personal views on integration and belonging in Northern Ireland.

The film was followed by a discussion between the audience and a panel of Roma and was facilitated by United Against Racism Belfast. The film and discussion aimed to challenge misinformation about the Roma and to promote a better understanding of personal circumstances and improve community relations.

The event was held at the Queen's Film Theatre. It was a full house and coincided with International Roma Day.

Any community groups or organisations interested in viewing the film or organising an event around the film, please get in touch: jacqueline@forwardsouth.org



JOIN US FOR THE BIG LUNCH

YOU'RE INVITED TO:

Holyland Big Lunch 2022
International Food & Music Street Party

WHERE & WHEN:
City Church Belfast, Carmel St, Belfast, BT7 1GY
on
Sunday 19th June 2022 from 12pm-3pm

The UK's annual celebration for neighbours and communities.

TheBigLunch.com

@edencommunities | #TheBigLunch

the big lunch

eden project

IG nextdoor Iceland M&S Peers Foundation

Holyland Big Lunch



We are organising a Big Lunch on Sunday 19th June from 12pm – 3pm in front of City Church Belfast on Carmel Street (between Fitzroy Avenue and University Avenue).

You are very welcome to join us. This will be an International foodfest and cultural party to celebrate the diversity in our neighbourhood as part of World Refugee Week. The event is free and there will be a selection of food to taste and music to experience - an opportunity to come together as a community to get to know our neighbours.



Living Places and Spaces scheme - Bríd Ruddy

We've been developing our Horsey Hill project at the community Greenspace bottom of Carmel Street for the last year and it's looking good now!

Artsekta in conjunction with Holyland residents have secured funding through the Living Places and Spaces scheme to build on and develop the existing community garden at the bottom of Carmel Street and the alley that runs between Carmel and Palestine Street.

Working with a range of diverse local groups and volunteers the project will last from end of May through to end of August and will utilise safe outdoor spaces to explore cultural diversity and develop activities that promote people's mental and physical health.

- The range of activities will include:
- Colourful installations
 - Pop up workshops
 - Public art
 - Performances

Celebration event mini-Mela to take place Sunday 21 August 1-3pm.

We welcome volunteers who can contribute in a variety of ways-painting, woodworking, planting etc.

This is a rolling programme so for information on specific events please contact:

brid.ruddy1@gmail.com

We also hope, given funding, to carry out additional art work on the walls. Our bright Mela mural at Carmel Street and black sunflower at Harrow Street have proven to be popular with residents and the public. They also act against the dreadful 'tagging' on walls prevalent throughout the Holyland.

This project, combined with the February announcement by Minister Hargey of a substantial budget to further develop alleygating and the appointment of a dedicated Intervention Worker will go some way to ensuring regeneration of South Belfast Holyland.

The Enviroproject project has been developed to date with mainly voluntary donations and plants paid for out of our own pockets. It is positive to see statutory funding begin to be invested. More of that needs to happen.

We very definitely deserve it! Bríd Ruddy

City Church Belfast



Summer Kids Club running from the 22nd to the 26th of August from 10am to 12:30pm. A holiday bible club for primary school age kids. For more info or to book a place, contact anna@citychurchbelfast.org



Gardening Club - we have started up a gardening club in our Community garden at City Church - it runs on **Thursday mornings from 10am-11:30am**. If you are interested in coming along, please text **Stephen on 07967144907**



Outdoor Playgroup - our outdoor playgroup meets in our Community garden on **Thursday mornings from 10am-11:30am**. Find us on Eventbrite to book in.




The MDA welcomed the launch of the new play facility in St Malachy's Nursery School.

Great to see our partnership with St Malachy's Primary School & Minister Deirdre Hargey MLA come to fruition with an investment of £60,835 into the project to transform the space & ensure first class facilities for local children.



ST MALACHY'S G.A.C. U9 & U7 TRAINING
Parents must attend.

GAA MARKET DEVELOPMENT ASSOCIATION

ST MALACHYS YOUTH CENTRE
Contact the MDA @ 07934726239



PRE SEASON TRAINING
TUESDAYS 6:20PM SHAFTSBURY REC
THURSDAYS 7:20 ORMEAU PARK 4G
NEW FACES & EX PLAYERS WELCOME



St. Malachy's Youth Centre



St Malachy's Youth Centre
20 Lower Stanfield Street,
Belfast, BT7 2HB
Tel: 02890278615

Junior Art Programme with Fra Maher

Our junior members are currently getting creative with a 6 week art programme where they'll design notice board containing all the activities we provide as well as signposting for agencies that offer specialised support and advice with their own designs.



Good Relations Cycle for All



Members of our Good Relations group recently took part in a cycle for all trip with their friends and peers at The Ledley. The Kids Cycled from the Centre to Hollywood Sea Park and back again and a bit of fun in the sun on the beach. Big thank you to LORAG for the loan of the bikes!!!

Residential Fun

Our members recently took part in a 2 day residential with their respective group EmpowHER and T:Buc. All members successfully completed their programmes.



Mental Health Awareness.

Massive well done to all our members who helped contribute to Mental Health Awareness Week. Some baked buns and cakes to sell while other participated in a stay awake and 5k Darkness into light walk. At Present we have over £200 raised.



The Belfast Asian Women's Academy (BAWA)

The Belfast Asian Women's Academy (BAWA) and St Malachy's Youth Centre recently organised 'Fusion Day', a cross community cohesion event in South Belfast. This event was supported by the Housing Executive and attended by hundreds of people living around the Markets and surrounding area, including newcomers to Belfast.

The event was well received by families of all ages, with local and international food samples distributed, and the large crowds also enjoyed local and international performances.

A local coach from the St Malachy's Gaelic Club talked about the history of the club and children got the opportunity to try gaelic football.

The local ladies were amused and enthralled by the saree modelling as the models draped saree in different styles.

"Our saree modelling is an innovative performance created by us to raise awareness of our cultural costume and this has been a hit. We have been asked to include this saree modelling in all our future events," said Ana Chandran, representative of BAWA.

Eddie Burns, youth worker at St Malachy's Youth Club was pleased the event went well and has received great feedback on the event.

Housing Executive staff also attended and enjoyed the day. Race Relations Officer, Sylwia McAvoy, said:

"This initiative has been a great success and has inspired the local community to have more Fusion Days. We are delighted to fund an event that has far reaching cross community benefits, and look forward to the next one!"



Law Centre NI Social Justice

Sometimes we are asked what we do at Law Centre NI.

This year, we are celebrating 45 years of working for social justice in Northern Ireland, during which time we have helped thousands of people to challenge decisions that affect their rights.

We do this through free, independent and specialist legal advice, casework and representation.

So how can we help?

Quite simply, protecting people and their rights is at the heart of everything that we do.

In the three areas of work that we cover – **social security, employment and immigration and asylum** – we understand just how overwhelming it can be to try to navigate problems on your own.

That is why we have teams of advisers to provide advice and legal support. Our social security team challenges unfair social security decisions, our employment team advises people on their employment rights and our immigration team provides advice and representation to migrants, refugees and asylum seekers.

Early advice can be transformative for people.

We firmly believe that advice - at the right time - can be transformative for people. Problems can often be resolved without having to go to tribunal or court, leaving people free to get on with their lives.

Equally, however, there are times when we need to bring a court case in order to resolve a systemic problem.

We use the law to change people's lives.

To do so, Law Centre NI has pursued strategic cases which challenged unfairness in the social security system and led to important decisions on social security law.

We helped our client, Michael O'Donnell, to challenge the rules on Bereavement Support Payment after he was denied the payment when his wife passed away. Michael's case was successful and meant that not only did his family get the support they needed, but so will many others who find themselves in similar circumstances.

Law Centre NI also assisted Lorraine Cox, a terminally ill mother, who had the courage to speak out about her experience of the benefits system. Lorraine's challenge to rules around access to social security for people with a terminal illness shone a spotlight on how terminally ill people struggle to access essential financial support and



Free legal advice & assistance

employment / social security / immigration & asylum

Call: (028) 9024 4401

...or email us at:

benefitsadvice@lawcentreni.org

employmentadvice@lawcentreni.org

highlighted the need for urgent reform within the social security system.

The Migration Justice Project at Law Centre NI

Our Migration Justice Project builds on a long history of immigration work at Law Centre NI. The team has an unwavering commitment to helping migrants of all nationalities whose status puts them at risk.

They work every day with people who have fled war, conflict and persecution and who have come to Northern Ireland for sanctuary. Recently, the Migration Justice Project team has been offering immigration support at Ukraine Assistance Centres to Ukrainians who have fled to Northern Ireland.

Other services

We want our legal work to have a wider impact on the collective needs of communities, so we have a **policy** team who look at some of the issues that arise from our cases and, where necessary, help us to advocate for changes to policy, laws and systems.

Working closely with the wider advice sector in Northern Ireland, we provide training support in our three specialist areas, as well as up-to-date **legal information** to assist advisers working to support local communities.

By **communicating** about our work, we make sure that people are informed about important issues, are aware of the services that Law Centre NI provides and the **impact** that we can have.

Contact us

Equal access to justice for everyone is something that we feel passionately about. We recognise how important it is that - whatever situation someone finds themselves in - their rights and entitlements are clearly defined and accessible.

If you think we might be able to help you, please contact our advice lines on 028 9024 4401.

For more information about the work of Law Centre NI, go to www.lawcentreni.org or have a look at our **Impact Report**.

All HATE CRIME is WRONG

WE ARE HERE TO HELP

- There is information on our website to support and signpost victims of hate crime. www.psnipolice.uk **Check ONLINE**
- Has a hate crime or incident already happened and you want to report it? www.psnipolice.uk **Report ONLINE**
- Do you want to share some information with us or speak to someone specific? **CALL 101**
- Is it an **EMERGENCY**? **CALL 999**

we care we listen we act.

Don't struggle on your own if you need to speak to someone immediately. Make the call to Lifeline - the crisis helpline service.

Calls are answered by qualified crisis counsellors experienced in dealing with many issues.

Available 24/7 - free to call from mobiles and landlines.

Lifeline
0808 808 8000
Textphone: 18001 0808 808 8000

DEAF AND HARD OF HEARING TEXTPHONE USERS:
18001 0808 808 8000

Connected Community Care Service (CCC)

Great news, the CCC Wellbeing Coordinators are now open to self-referrals! If you are aged 18 or over, registered with a GP in Belfast and would like to take an active role in your health and wellbeing, but you are unsure of what services are available to you, we can help.

CCC Wellbeing Coordinators specialise in supporting those with, or at risk of, developing long term conditions, isolation, and loneliness. If you need help finding support, groups/activities or accessing emotional/practical support get in touch.

Don't forget the CCC team has Dementia Navigators and Macmillan Community Link Workers who can support with associated specialised needs.

If you have been referred for a memory assessment by your GP and are awaiting an appointment, CCC Dementia Navigators can provide you with pre-diagnostic information and support.

If you already have been diagnosed with dementia and are living with the condition CCC Dementia Navigators can provide post-diagnostic support to you and carers.

For more information visit <https://belfasttrust.hscni.net/service/dementia-navigator/>

CCC for Cancer Macmillan Community Link Workers specialise in supporting people affected by cancer by connecting them to community, voluntary and cancer specific support services.

For more information visit <https://belfasttrust.hscni.net/service/connected-community-care-for-cancer/>

To self-refer to any of these services and for more information email

referral@ccchub.co.uk

or telephone 028 9590 1407.

CONNECTED COMMUNITY CARE FOR CANCER

HSC Belfast Health and Social Care Trust
caring supporting improving together

South BelfastOne Family Support Hub

We held our first family support hub coffee morning since Covid which provided an excellent opportunity to discuss hub delivery during Covid, meet partners and discuss how we moved forward. It was a very successful morning and great to catch up with everyone!



Shafesbury Family Support Hub

Do you need some advice or support?

What is a Family Support Hub?

We bring together organisations that deliver services to children/young people/parents/carers. This includes community, voluntary and statutory family support services.

We aim to connect families to services they need at a time when they need them. We work in partnership with each family to find the best service.

How does it work?

You or any family member can complete a referral form

A referral can also be made by someone working on your behalf e.g.: school, health visitor, GP

Once we receive your referral we will call you to discuss how best to support you and your family.

Things we can help with

Behaviour Support

Alcohol & Drug Abuse

Issues at school

Childcare/ Family Benefits

Debt

School Attendance

Behaviour

Family Difficulties

Stress/ Depression

Making a referral

If you wish to make a self-referral, please email Michelle at mmcdonagh@lorag.org or call 07956749172 providing your name and telephone number and Michelle will give you a call to discuss how we can support you.

Your local family support hub is located at:

Shafesbury Healthy Living Centre
T: 02890 312377
E: mmcdonagh@lorag.org



Get active



Exercise will boost your physical and mental health



Shafesbury Healthy Living Centre / LORAG's Hire Charges

Main Hall £24 (OP) / £32 (P)

3G FULL Pitch £35 (OP) / £45 (P)

3G 1/2 Pitch £20 (OP) / £25 (P)

Dance Studio £20.00

Social Area £20.00

Committee Room £15.00

Therapy Rooms £10.00

#GETFITSTAYFIT

Community Safety

Key Disturbance Contact Numbers

Please see below key contact numbers for reporting unacceptable levels of noise or disturbance locally. We are urging residents to report as much as possible to ensure we can follow this up and get the right resources into the area to support the community.

Noise from a house or premises contact:

Noise Control,
Belfast City Council
Tel: 028 9037 3006

Operating Hours

Monday – Thursday
8.30am – 5pm
Friday 8.30am – 4.30pm
Saturday Sunday 8pm – 4am

You can also follow up your phone call with an email to envhealth@belfastcity.gov.uk

Noise and or Disturbance coming from the Street and or Road contact:

PSNI
Tel: 101 Non Emergency
Tel: 999 Emergency

Local Neighbourhood Constable
Lee McGrillen – 07585979250



PSNI Officers in the area

STRANMILLIS - Constable Davy Neill (until 18th July)
E-mail: david.neill@psni.police.uk

DONEGALL PASS & SANDY ROW (shared)
Constable Rick Hill / Constable Stuart Robinson
E-mail: richard.hill@psni.police.uk
E-mail: stuart.robinson@psni.police.uk

LISBURN ROAD - Constable Jill McLean
E-mail: jill.mclean@psni.police.uk

BOTANIC AVENUE & DUBLIN ROAD (shared)
Constable Mark Cousins / Constable Darren Watson
E-mail: mark.cousins@psni.police.uk
E-mail: darren.watson@psni.police.uk

ORMEAU - Constable Gavin Kelly
E-mail: gavin.kelly@psni.police.uk
BELVOIR (shared)
Constable Colin Mulholland / Constable Aaron Martin
E-mail: colin.mulholland@psni.police.uk
E-mail: aaron.martin@psni.police.uk

HOLYLAND - Constable Davy Reynolds
E-mail: david.reynolds@psni.police.uk

Disturbance from a HMO can also be reported to:

Belfast City Council HMO Regulations
Tel: 028 9027 0414

If you have a complaint about a House in Multiple Occupation (HMO) please contact the number above – Belfast City Council have regulations in place for all HMOs.

If you have difficulty in reports noise and or disturbance contact:

BCC Anti Social Behaviour Officer

Keith Addy
Tel: 07876 686 660 E:AddyK@BelfastCity.gov.uk

Call 101 from any phone for a non-emergency.

Always call 999 if there is an emergency or you are in danger.

Neighbourhood Matters - Directory

Medical

G.P's: Out of Hours Tel: 028 9079 6220

Botanic Medical Centre

51 Botanic Avenue Belfast, BT7 1JL
Tel: 028 9032 0919

Ormeau Health Centre

120 Ormeau Road, Belfast, BT7 2EB
Tel: 028 9064 2914

University Street Surgery

142-144 University Street,
Belfast, BT7 1HH Tel: 028 9031 1118

Kensington Medical Centre

15a Donegall Road, Belfast, BT12 5JJ
Tel: 028 9032 5679

Pharmacies

Medicare-Fitzroy Pharmacy

126 Ormeau Road, Belfast, BT7 2EB
Tel: 028 9023 0170

Botanic Pharmacy

98 Botanic Avenue, Belfast, BT7 1JR
Tel: 028 9032 5509

Harrison Healthcare

40E Donegall Pass, Belfast BT7 1BS
Tel: 028 9032 0059

Fullarton Pharmacy

Unit 6, St. Georges Market, Oxford St,
Belfast, BT1 3LA Tel: 028 9023 3101

Hospitals

Royal Victoria Hospital and City Hospital

Tel: 028 9032 9241
Accident and Emergency (A&E)
available only at
Royal Victoria Hospital

University Complaints Line

02890975219

Police Service

PSNI - South Belfast

Crimestoppers Telephone Number
Tel: 0800 555 1111

Non Emergency Telephone Number

Tel: 101

Housing

Housing Rights Service

Tel: 028 9024 5640

NI Housing Executive

Tel: 03448 920900

Clanmill Housing

Tel: 028 9087 6000

Choice Housing

Tel: 0300 111 2211

Radius Housing Association

Tel: 028 9042 8314

Belfast City Council

Belfast City Council

Tel: 028 9032 0202

Births, Deaths, Marriages

Tel: 028 9027 0274

Community Safety

Tel: 028 9032 0202

Street Cleansing/Litter

Tel: 028 9027 0230

Bulky Household Waste and Special Collections

Tel: 028 9027 0230

Dog Control & Animal Welfare

Tel: 028 9027 0431

Noise Control

(out of hours available)
Tel: 028 9037 3006

Places of Worship

St Malachy's Church

24 Alfred St, Belfast BT2 8EN
Tel: 028 9032 1713

City Church

12-24 University Ave, Belfast, BT7 1GY
Tel: 028 9023 8443

Fitzroy Presbyterian Church

University Street, Belfast, BT7 1HL
Tel: 028 90 23 50 75

All Saints Church

University Street, Belfast, BT7 1LB
Tel: 028 9031 4114

Kingham Church for the Deaf

13 Botanic Avenue, Belfast, BT7
Tel: 028 90322588

Iglesia ni Cristo Belfast

2-4 University Avenue
Belfast, BT7 1GY

Christ Embassy Church Belfast

Meet every Sunday from 9am at:
Holiday Inn, 22 Ormeau Avenue,
Belfast, BT2 8HS
Tel: 07962166354

NIMFA

Northern Ireland
Muslim Family Association
7 Rugby Road, Belfast, BT7 1PS
Islamic Centre Tel: 028 9031 5784

Belfast Islamic Centre

38 Wellington Park,
Belfast, BT9 6DN
Tel: 028 9066 4465

Fitzroy Presbyterian Church

77 University Street, Belfast, BT7 1HL
Tel: 028 9023 5075

Elim Pentecostal Church

77 Donegall Pass, Belfast BT7 1DR
Tel: 028 9086 9569

Saint Mary Magdalene Parish Church

Donegall Pass, Belfast, BT7 1BU
Tel: 028 9032 1583

Community Organisations

LORAG (Lower Ormeau Residents Action Group)

Shaffesbury Community & Recreation Centre,
97 Balfour Avenue, Belfast, BT7 2EW
Tel: 028 9031 2377

SBRT (South Belfast Roundtable)

2nd floor, Mediation NI
83 University Street, Belfast, BT7 1HP
Tel: 07811 901722

An Droichead

20 Cooke Street, Belfast, BT7 2EP
Tel: 028 90288818

CRJI South & East Belfast

26a Beechfield Street
BT5 4EQ
Tel: 02890456889
Email: mg@crjireland.org

Mornington Community Project

117 Ormeau Road,
Belfast, BT7 1SH
Email: heather@cgm-fa.com

St John Vianney Youth Centre

River Terrace, Belfast, BT7 2EN
Tel: 028 9024 7118

NICRAS

143a University Street,
Belfast, BT7 1HP
Tel: 028 9024 6699

ACSONI

1st Floor 9 Lower Crescent,
Belfast, BT7 1NR
Tel: 028 9043 4090

CWA

Chinese Resource Centre,
1 Stranmillis Embankment, Belfast, BT7 1GB
Tel: 028 9028 8277

Donegall Pass Community Forum

Donegall Pass Community Forum
2nd Floor CRI Building
165-169 Donegall Pass, Belfast BT7 1DT
Tel: 028 9032 6256

Market Development Association

Market Community Centre
1 Market Street, Belfast BT1 3JD
Tel: 028 9031 2272

Northern Ireland Somali Association (NISA)

185A Ormeau Road,
Belfast BT7 1SQ
Tel: 02890201359 / +447454775666

South Belfast Alternatives

33 Donegall Pass,
BT7 1DQ
Tel: 02890 315763 / 07415461287