

Can you help with a research project

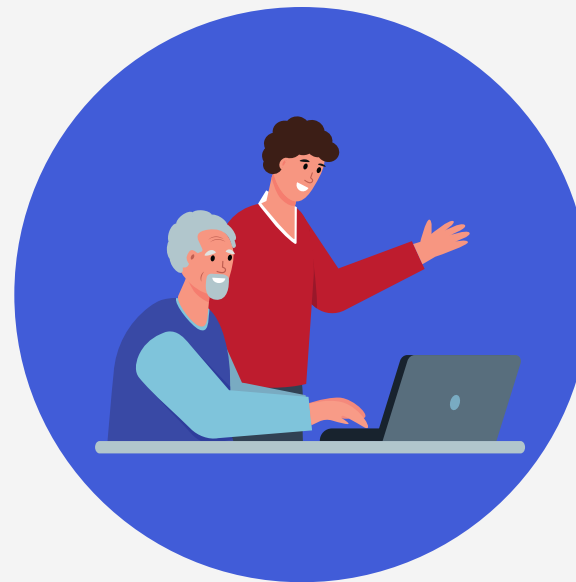
The Healthy Ageing And Diet study is currently recruiting older people in Northern Ireland and Reading, England

Researchers are seeking to:

- understand how ageing affects food habits and nutrition awareness
- explore food-based solutions to improve diets of older people

STUDY DETAILS

- A 90 minute interview in English at home or a convenient location with a researcher (Barbara Bray)
- Participants must be 65 and over and living at home (not in care)



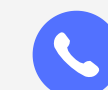
HOW YOU CAN HELP

- Identify potential participants
- Share the participant information sheets and advertisement with eligible people

Contact Barbara Bray to get involved



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